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PROFESSIONALISM AND PROFESSIONAL DEVELOPMENT

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IMPORTANCE OF ATTENDING CLASS

By: Kenneth Wiley, Pharm.D

Although the new Tegrity Lecture Capture software offers new options to learn, there is no substitution for attending class. Below are a few good reasons to go to class:

1. **Professionalism**

While you are in pharmacy school, being a student is your job. And like any other job, you are responsible for certain duties. One of the duties of a student is to attend class. Going to class shows that you are mature and professional. Also getting into the habit of going to class prepares you for attending your future career on time.

2. **Respect for faculty**

Prior to presenting a topic to the class the professor spends hours of preparation researching the topic, organizing the information and preparing slides. They do this in order to help you learn the material and prepare you for your career. Coming to class shows respect and appreciation for the time they are investing in your learning.

3. **Active participant in learning**

Going to class is the only opportunity to both ask questions to the professor and hear questions asked by your classmates. It also allows you to participate in intellectual discussions, which will improve speaking and reasoning skills. It is much easier to have this communication with the professor in class than outside of it.

4. **Present for surprise assignments and quizzes**

Pharmacy school is tough enough as it is, but missing out on points from in class assignments or extra credit from pop quizzes will make it tougher to get the grades you desire. By attending class daily, there is no risk of losing these easy points.

5. **Develop a rapport with the professor**

Professors get to know students when they go to class and participate in their learning. Developing this relationship with a professor can open up several opportunities for you down the road. Professors can nominate you for scholarships, provide research opportunities, and even write a letter of recommendation for future employment.

6. **Opportunity to network with other students**

Going to class gives you the opportunity to make new friends with classmates, compare notes, and get information from each other that would be missed otherwise. Interacting with classmates and joining student organizations is a great way to develop leadership and social skills.

STUDENTS' CORNER



Jateh Major
P1 Student



Sylvia Lee
P2 Student



Prince Chijioke
P3 Student



Shannon D. Woodward
P4 Student

WHAT ADVICE WOULD YOU GIVE ABOUT PRACTICING PROFESSIONALISM IN SOCIAL MEDIA?

"There was an instance in my undergraduate studies in which a student was frustrated with attempting to understand a particular lecturer. One day, while in class this student took pictures of the professor and posted them on Instagram alongside offensive remarks. This student didn't know another classmate had shared that picture with the professor and completed the course never knowing he had made a bad impression until he went to ask for a recommendation for graduate school and was declined."

By: Jateh Major, P1

"Still have that picture with you doing a keg stand at that Halloween party or that very public argument with a friend on your social media of choice? Some employers utilize social media to do maintenance check-ups on their employees in addition to some patients utilizing social media outlets to learn more about their healthcare professional. It is imperative for people to be conscious of their behavior and to continue to utilize a filter, therefore always do periodic clean ups of your page and reevaluate your behavior to maintain that trust and professionalism with your employer and patients."

By: Sylvia Lee, P2

"Social media can be a great avenue for free personal expression. Just don't express to society everything about your person for free."

By: Prince Chijioke, P3

"I have seen first hand that a lot of times social media is open to interpretation even through the companies providing media outlets. Through the rights of these companies to use your image and likeness for advertisement it is very important to be mindful of what you post will not go away and the harm it can do professionally."

By: Shannon D. Woodward, P4

PROFESSIONALISM WORKSHOPS

“Rx for Success Conversations” Student Forum

P1	P2	P3
December 3 rd	December 4 th	December 4 th
10:10 am	11:10 am	12:10 pm
CCH 207	Annex #3, 117	Annex #3, 117

*The forum is integrated in Colloquium Sessions for P4 students.

SUMMER INTERNSHIP OPPORTUNITIES

[American Society of Health Systems Summer Internship](#)

Due: January 1, 2014

[Howard University College of Pharmacy Center of Excellence Sponsored Faculty Student Research](#)

Due: January 8, 2014

[National Community Pharmacist Association \(NCPA\) Summer Internship](#)

Due: January 15, 2014

[James A. Ferguson Emerging Infectious Diseases Fellowship Program](#)

Due: January 31, 2014

[Internships with the White House Initiative on Asian Americans and Pacific Islanders](#)

Due: March 15, 2014

[Academy of Managed Care Pharmacy: Allergan Specialized Summer Internship Program in Health Outcomes](#)

Due: TBD

Have a restful and productive winter break!

Professionalism Wisdom:

“Professionalism is not a label you give yourself—it’s a description you hope others will apply to you”

USEFUL RESOURCES FOR FINALS

1. Google Keep: organizes notes, due dates and calendar
2. Google Task: lists and checks off completed tasks
3. Google Drive: 5 GB of free storage for files to share with classmates
4. Dropbox: cloud storage for large files to share with classmates
5. Quizlet: online flash card generator
6. Epocrates: online resource for drugs and diseases
7. Draw.io: online flow-chart generator

By: College of Pharmacy Student Council President
Adaku Ofoegbu, P2

MedCalc App:



MedCalc offers complicated medical formulas, scores, scales and classifications.

Professionalism and Professional Development
“Developing professionally one moment at a time”

If you would like to contribute to our future editions, please contact Dr. Oluwaranti Akiyode at:
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Howard University College of Pharmacy